

Job Description
Swim Coach

HiFlex Physio

General

Swim Coaches at HiFlex Physio play a critical role in helping our clients achieve their fitness goals through swimming. They are responsible for designing and implementing effective swim programs that are tailored to the needs and skill levels of our clients.

In addition, swim coaches are responsible for providing feedback and guidance to clients to help them improve their technique and performance, and for maintaining a safe and supportive environment for all swimmers.

Responsibilities

- Design and implement swim programs for clients of all ages and skill levels.
- Provide feedback and guidance to clients to help them improve their technique and performance.
- Monitor and track client progress and adjust programs as necessary to ensure continued improvement.
- Ensure that all swim sessions are conducted in a safe and supportive environment, in accordance with established safety protocols and industry standards.
- Collaborate with other members of our team to ensure that all swim programs are aligned with our overall fitness goals and objectives.
- Participate in marketing and promotional activities to promote our swim programs and attract new clients.

Qualifications

- Certified Swim Coach with a recognised swim coaching program.
- Current CPR/First Aid certification.
- Minimum of 2 years coaching experience preferred.
- Bachelor’s degree in Exercise Science, Kinesiology or a related field is an asset.
- Excellent communication and interpersonal skills to build relationships with clients and colleagues.
- Strong organisational and time management skills to effectively pan and execute swim programs.

Knowledge Requirements

- Comprehensive knowledge of swimming techniques, drills, and training methods.
- Understanding of anatomy, physiology, and kinesiology as they relate to swimming.
- Knowledge of safety procedures and industry standards related to swim coaching.
- Familiarity with different swim strokes and their benefits, including freestyle, backstroke, breaststroke, and butterfly.

Working Conditions

- This is a full-time position with flexible hours based on the needs of the facility.
- The Swim Coach will work in an indoor pool setting, which may include exposure to chlorine and other poor chemicals.
- The Swim Coach will work closely with other members of the HiFlex Physio team to ensure that all swim programs are aligned with our overall fitness goals and objectives.