

Job Description
Sports Physiotherapist

HiFlex Physio

General

A Sports Physiotherapist at HiFlex Physio will have the opportunity to work with a diverse range of clients, from amateur athletes to fitness enthusiasts. Their role will be to provide high-quality physiotherapy services to help our clients recover from injuries and improve their performance.

Sports Physiotherapists work closely with other trainers, coaches and medical professionals to provide comprehensive care and support to our clients. They will also have access to state-of-the-art facilities, ongoing professional development, and a supportive team environment.

Key Responsibilities

- Conduct thorough assessments and evaluation of client's injuries, conditions, and functional limitations.
- Develop and implement personalised treatment plans based on client's needs, goals, and abilities.
- Utilise a variety of manual therapy techniques, exercises, and modalities to improve client's strength, flexibility, and range of motion.
- Educate clients on injury prevention, self-management, and rehabilitation exercises.
- Collaborate with other trainers, coaches, and medical professionals to provide comprehensive care for clients.
- Maintain detailed and accurate records or client's progress and treatment plans.
- Stay up to date with the lates research, techniques and equipment in sports physiotherapy.

Qualifications

- Licensed and registered Physiotherapist Australia.
- At least 2 years of experience as a sports physiotherapist, preferably with athletes or active individuals.
- Master's degree in physiotherapy or related field.
- Valid certification in Sports Physiotherapy from a recognised national or international organisation.
- Excellent clinical skills and knowledge of current physiotherapy practices.
- Strong interpersonal skills with the ability to communicate effectively and build rapport with clients and colleagues.
- Experience with electronic medical records and clinical documentation.
- Current CPR and First Aid certification.

Knowledge Requirements

- Strong knowledge of anatomy, biomechanics, and sports injuries.
- In-depth understanding of exercise physiology and biomechanics of sport-specific movements.
- Familiarity with sports equipment and techniques for injury prevention and rehabilitation.
- Ability to develop and implement effective treatment plans for a variety of conditions and injuries.
- Knowledge of exercise prescription and rehabilitation techniques.
- Ability to stay up to date with the latest research, techniques, and equipment in sports physiotherapy.

Working Conditions

- This position will require standing, walking, and performing physical activities for extended periods of time.
- The Sports Physiotherapist may need to work evenings and weekends to accommodate client's schedules.
- The work environment may involve exposure to loud noises, heavy equipment, and potentially hazardous conditions.
- The Sports Physiotherapist may need to travel to different locations to provide services.