

Job Description
Lifeguard

HiFlex Physio

General

At HiFlex Physio, we take the safety of our clients very seriously. Swimming is a great way to stay active and healthy, but we also recognise the potential risks involved - particularly for children and inexperienced swimmers.

As a Lifeguard at HiFlex Physio, your primary responsibility will be to ensure the safety and well-being of our clients in and around the pool. You will be responsible for monitoring swimmers, enforcing pool rules, responding to emergencies, and providing assistance to clients as needed. By having Lifeguards on duty at all times, we aim to provide peace of mind to our clients and ensure that everyone can enjoy the benefits of swimming in a safe and secure environment.

This role requires a strong commitment to safety and the ability to work effectively under pressure. You will play a critical role in creating a safe and welcoming environment for all swimmers and will work closely with other members of the HiFlex Physio team to achieve this goal.

Responsibilities

- Monitors swimmers and enforces pool rules to ensure the safety of all clients.
- Identifies and responds to emergency situations, performing water rescues and administering first aid and CPR as needed.
- Ensures that all pool equipment is in good working order and that the pool area is clean and well-maintained.
- Provides assistance and guidance to clients as needed.
- Works closely with Aquatics Coordinator to ensure that all safety procedures and protocols are followed.
- Participates in ongoing training and development to maintain up-to-date knowledge of lifesaving techniques and procedures.

Qualifications

- Monitors swimmers and enforces pool rules to ensure the safety of all clients.
- Minimum of 1 year of experience as a Lifeguard preferred.
- Ability to swim proficiently and perform water rescues in a variety of situations.
- Excellent communication and interpersonal skills to interact effectively with clients and colleagues.
- Strong organisational and time management skills to effectively manage a busy pool environment.

Knowledge Requirements

- Thorough knowledge of water rescue techniques, first aid and CPR.
- Familiarity with pool chemicals and maintenance procedures.
- Understanding of pool safety procedures and protocols.
- Knowledge of swimming techniques and ability to provide guidance and feedback to clients.

Working Conditions

- This is a part-time position with flexible hours based on the needs of the facility.
- The Lifeguard will work in an indoor pool setting and must be able to withstand exposure to chlorine and other pool chemicals.
- The Lifeguard will work closely with other members of the HiFlex Physio team to ensure that all safety procedures and protocols are followed.